

TWIN RAINBOWS COMMUNITY

RAINBOW EXPRESS

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UPCOMING GENERAL MEETING

NEXT WEEK: Please mark your calendars for the upcoming Twin Rainbows General Meeting.

Agenda items will include:

- Approval of annual budget
- Member Relations terms of reference

When: April 22, 2026, 7:00 pm.

Where: West Lounge or Zoom

Please attend to support our community.



GROWING BEYOND & HEALING: COMMUNITY CONVERSATION SERIES

Kim Fleming, 71W

Thank you to everyone who participated in our most recent Growing Beyond & Healing workshop with CHFBC facilitators on April 8! Our first session, on March 11, brought almost 40 members! After recent events concerning neighbour conduct, it has been heartening to see members taking the time to participate in these important conversations.

These sessions have been about learning with each other and strengthening our Twin Rainbows community. Together we have gathered insights from the member survey, explored our hopes and concerns, created community agreements and learned about living together across difference.



CHFBC FACILITATION CONTINUED...

Now we want to hear from you. A survey feedback link will be sent out soon. Your feedback is essential to the crafting of our next steps. Please share what was helpful, what felt challenging, and what you would like to see more of, so that we can discern the next phase of the series.

Sessions 3 and 4 will likely be scheduled for June. Feel free to include in your survey a preference for weekday Wednesday sessions, 7–9:30 pm, or whether weekend sessions would be preferred and, if so, whether morning or afternoon. We will do our best to accommodate the needs of families with children.

Below is an outline of what we have accomplished together so far and what CHFBC facilitators, Anya Phillips and Lindsey Murphy, have in mind for what might come next.

Growing Beyond & Healing: Community Conversations

Pre-Work Community Survey

- Results directly informed facilitated sessions and discussion themes

Facilitated Session 1: How Are We Defining Community

- Identified hopes and concerns and created community agreements together

Facilitation Session 2: Participation and Power

- Explored living together across difference, calling each other in, strengthening participation, emotion regulation and power dynamics

BREAK

- Take time to reflect, watch videos and collect community feedback that informs the next phase, which might include:

Facilitated Session 3: Moving Through Tensions with Care

- Identify tools for repairing harm and rebuilding trust after rupture, practice skills needed to have challenging conversations, naming tension and creating space for dialogue

Facilitated Session 4: Our Shared Commitment: Being in Community Together

- Reaffirm learnings from previous sessions and explore what respectful disagreement looks like through structured dialogue



MAINTENANCE COMMITTEE UPDATE

John Pringle, 41W (Chair)

The committee is continuing work to ensure the automatic door openers and common-area door hardware are up to standard and function correctly. Repairs to elevator vestibule flooring and painting is scheduled for this spring.

A reminder that storage in parking lot stalls must be limited to items contained in metal storage lockers, bikes, or a vehicle. Notices to non-conforming parking stalls will be sent out once the dates of the annual garbage bin have been confirmed.

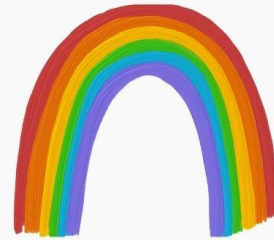
New wayfinding signage for elevator lobbies, storage rooms, and stairwell doors has been completed. Follow-up continues on the intercom and phone-line issues in the common room, and replacement of problem lighting. Mold concerns in affected units are being addressed.

Most power washing of the walkways has been completed, but outstanding areas on the 5th floor patios remain. If you would like to volunteer for this or other roles please let the maintenance committee know.

TWIN RAINBOWS WEBSITE

Have you checked out the updated Twin Rainbows website?

<https://www.twinrainbowscoop.ca/>



The password for the Members Only area is "website." You can access the Member Handbook and much more there. And take a look at the new Member Gallery. It has a few profiles, but it needs way more! You can submit your profile by filling out this form [here](#). Or you can just email your profile and photo to twinrainbowsnewsletter@gmail.com. Thanks to those who have already done this!



FILM: *IN IT TOGETHER:* *STORIES FROM PALOMA HOUSING CO-OP*

Paloma Housing Co-op was founded in 1983 by a group of Vancouverites who were interested in finding an alternative to the real estate market. Forty years later, Vancouver has become one of the most expensive cities in North America, and the need for affordable housing is greater than ever. As the price of Vancouver real estate skyrockets, attitudes have changed around affordable housing, and many of the programs that made the co-op movement possible no longer exist or have altered significantly. *IN IT TOGETHER: STORIES FROM PALOMA HOUSING CO-OP* argues for the value of co-op housing as a model that empowers ordinary people, builds community, and encourages self-determination.

Sunday, April 19 at Rio Theatre

Doors 3:00 pm | Movie 4:00 pm (*Start time subject to change*)

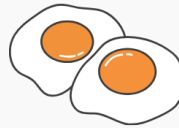
Tickets: <https://riotheatre.ca/movie/in-it-together-stories-from-paloma-housing-co-op-filmmakers-in-attendance-for-qa/>

FARM FRESH EGGS

Misha Steiner, 7W

Enjoy fresh, locally sourced eggs while supporting farmers directly and cutting out the middleman. A simple way to bring great food into our homes each week! The eggs come from free-range chickens fed a mixture of organic and non-organic feed.

- \$14 for 30 large eggs
- Delivered every Tuesday to 7W for pickup
- Washed and ready for the fridge
- So fresh they'll keep for a couple of months



Orders must be placed no later than 5:00 PM on Monday for Tuesday delivery. Pick up from Misha once she sends notification that the eggs have arrived.

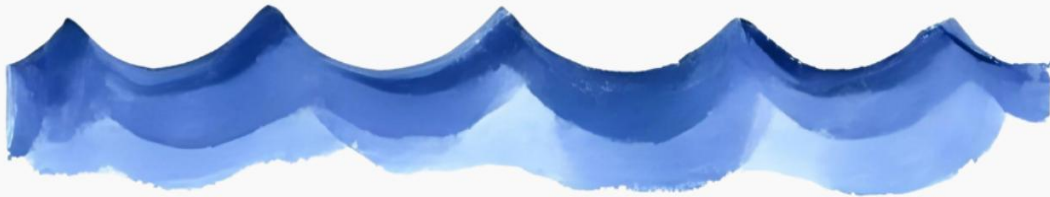
To order, Email Misha at misha.steiner@gmail.com (please include your name and unit number). **To pay,** Send an e-transfer to misha.steiner@gmail.com



REMINDER

The Board encourages all members to:

- Treat neighbours with dignity and respect
- Insist that guests comply with our Cooperative Communication and Behaviour Code and make it clear to the guests they are not welcome on the property if they cannot or will not follow that Code
- Address conflicts calmly and constructively or, if that is not possible, bring concerns to the Board rather than escalating disputes
- Remember that our actions directly affect the sense of safety and belonging within our community



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